

The Fruit of the Spirit is Self-Control

March 1, 2019

Scripture:

²² But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, ²³ gentleness, self-control; against such things there is no law. (Gal. 5:22-23 ESV)

From the Introduction:

What does “self-control” mean in order for us to stay in step with the Holy Spirit? There are three elements, within which the Spirit seeks to produce self-control.

I. The Human Element

A. Human _____ (1 Cor. 9:24-27)

B. The _____ side (Pro. 25:28)

C. Human _____ (1 Cor. 7:9)

II. The Community Element

A. It is given in _____

B. _____ in community needs it too (1 Tim. 3:2; Ti. 1:8)

C. Self-control can build _____ that edifies each other

III. The Crisis Element

A. Spirit led "self-control" sees _____ the crisis

B. Spirit-_____ change (Rom. 12:1-2)

C. God's Spirit overcomes our _____ (2 Tim. 1:7)

D. Self-control that the Spirit empowers allows for _____ and yet in it makes a way (1 Cor. 10:13)

Remember:

“A man without self-control is like a city broken into and left without walls.” (Pro. 25:28 ESV)

Reflect:

“The fruit of temperance must be grown and matured under the watchful eye of the Lord. His skillful hand must sever the tender shoots of self-will.”

Seek:

Reread 1 Corinthians 10:13. Here Paul reminds us that temptations are an inevitable part of Christian life. He also states, that God does not tempt us, but allows temptation to occur. Although temptations will come our way, God always offers a morally correct solution. What do Paul's words say to you about how you must approach temptation? Is the Holy Spirit directing you to make a change in your approach?

Share:

In this week's message our missionary quoted Proverbs 25:28 while noting the negative side, or lack of self-control. The Psalmist tells us that we are like a broken city, without walls. Share a time when lack of self-control left you exposed to its negative results.

Serve:

No matter what level of service you take part in the body of Christ, self-control is an important element in the believer's life. Lack of self-control can be a destructive influence on oneself and the entire church body. What can you do to avoid the negative results of a lack of self-control, and serve all as the Lord intends?

Pray:

In some way, most, if not all of us, lack self-control. If this is true of you then this week's prayer is a simple one, seek self-control in all situations; seek the guidance of the Holy Spirit, so that you might fulfill the will of God.